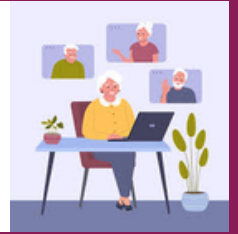


# TOP 6 REASONS TO CHIME IN

1

**Have great conversation.** *Chime In* allows you to keep your mind active while chatting with people who share similar interest and/or hobbies.



2

**Socialize from home.** *Chime In* is a great way to stay connected with others when you can't get out due to inclement weather, poor health or mobility issues.



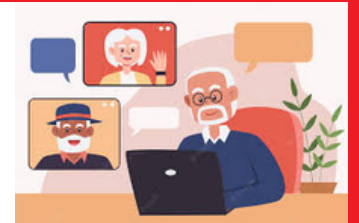
3

**Maintain regular activity.** Having a weekly scheduled activity helps motivate and inspire you to stay connected and engaged.



4

**Try something new.** *Chime In* is a new, innovative way to stay connected. Try it once and see if it's for you. Then attend as often as you'd like.



5

**Build tech skills.** Learn Zoom and get more comfortable with online technology. These skills can be transferred to other aspects of your life like chatting with grandkids, watching movies, or taking an online course.



6

**Make a new friend.** Friendships can add meaning to your life, improve your overall mental health, open you up to the possibilities of different points of view and opinions of the world around you, making your life so much richer.

